

Enabling Mindset Change.

Fortius Mindset™.

Why invest in the development of Mental Strength and Resilience?

The impact of resilience on the business bottom line is clear. There are ‘critical moments of truth’ in the development of any relationship – these moments often occur when a customer or a colleague has a problem (such as a need for a quick answer on an issue). The way your team handle these moments of truth can significantly change – for better or worse – the relationship they have with both their customers and the colleagues. By investing in the development of resilience at your organisation, you can ensure that more of those moments have a positive outcome and develop stronger relationships both internally and externally.

The development of stronger mindsets will ensure your team are able to manage their own internal states so they are consistently able to be at their best as managers of the business. rogenSi’s Fortius-Mindset™ Assessment, and the techniques and strategies that follow, will ensure the development of a stronger mindset in your managers. This program enhances the quantity, quality and direction of effort such that your managers performance is exceptional even at times of significant pressure and change.

What is assessed?

The Fortius-Mindset™ Questionnaire assesses the following four pillars of a stronger mindset:

- Pattern of motivation and determination
- Stability of self-belief
- Coping resources and effectiveness
- Level of focus and ability to concentrate under pressure

What are the benefits for participants?

- The assessment and the interventions to follow create a supportive and dynamic learning experience where participants will increase their effectiveness by:
- Developing awareness of the powerful relationship between their thinking, their behaviours and the results they achieve
- Igniting a motivational source that is high energy, passionate, curiously exploring best practice, thriving under pressure and resilient to performance stressors
- Building empowering beliefs that see them believing in themselves, and in what they are doing, despite market conditions
- Learning how to approach the future with fortitude through the use of a practical skill-based coping strategy
- Achieving laser-like clarity of focus by taking aim at performance goals, and learning to focus on the right thing, at the right time, despite distraction